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AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims

Claims 1- 27 are in the case. Claims 1-5, 14-19, 21, 28, and 29 are hereby withdrawn in response to the Restriction Requirement dated October 4, 2006.

1. - 5. (Withdrawn)

6. (Currently Amended) An composition ~~for enteral or parenteral administration~~ comprising:

- Mono- or Dicreatine-HMB salt;
- Putrescine Dihydrochloride;
- Alanine
- L-Glutamine;
- Trimethylglycine; and,
- Guanidinopropionic Acid.

7. (Original) A composition according to claim 6 wherein the molecular ratio of Alanine to L-Glutamine ranges from 1:2 to 2:1.

8. (Currently Amended) An composition ~~for enteral or parenteral administration~~ comprising:

- 1 to 10 grams by weight of Mono- or Dicreatine-HMB salt;
- 10 mg to 10 grams by weight of Putrescine Dihydrochloride;

- 1 to 30 grams by weight of an amino acid compound comprising Alanine chemically bound at a 1:1, 2:1 or 1:2 molecular ratio to L-Glutamine;
 - 100 mg to 10 grams by weight of Trimethylglycine; and,
 - 10 mg to 5 grams of Guanidinopropionic Acid.
9. (Currently Amended) The composition of claim [[8]] 32 formulated for enteral administration comprising said unit dosage form admixed with flavors and sweeteners.
10. (Currently Amended) The composition of claim [[8]] 32 formulated for enteral administration comprising said unit dosage form contained in blended powder or one or more capsules.
11. (Currently Amended) A composition according to claim [[8]] 32 wherein said composition is in the form of a powder, tablet, capsule, pill, liquid, food additive, candy, confection or nutrition bar.
12. (Original) A composition according to claim 11 wherein said powder is admixed with a liquid.
13. (Original) The composition of claim 8 in a sustained release form.
14. - 19. (Withdrawn)
20. (Original) An composition comprising 50% Dcreatine-HMB; 20% Alanyl-L-Glutamine; 10% TMG; 5% Putrescine Dihydrochloride; 5% GPA and 10% flavors and sweeteners.
21. (Withdrawn)
22. (Currently Amended) A composition according to claim [[8]] 32 wherein said compound weights are adjusted according to predetermined factors.
23. (Original) A composition according to claim 22 wherein said predetermined factors

include an individual's weight.

24. (Original) A composition according to claim 22 wherein said predetermined factors include an individual's exercise intensity.

25. (Original) A composition according to claim 22 wherein said predetermined factors include an individual's lean body mass.

26. (Original) A composition according to claim 22 wherein said predetermined factors include an individual's proportion of body fat to lean body mass.

27. (Original) A composition according to claim 22 wherein said predetermined factors include an individual's progress along a loading cycle.

28. – 29. (Withdrawn)

30. (New) A composition according to claim 6 for enteral administration.

31. (New) A composition according to claim 6 for parenteral administration.

32. (New) A composition according to claim 8 for enteral administration.

33. (New) A composition according to claim 8 for parenteral administration.